

## **Program Highlights:**

The Sherpa process for executive coaching is internationally recognized and endorsed by nine major universities. Sherpa coaching clients work with a global network of coaches, all using the same process, with support and backup from the world's leading educators. The Sherpa process is about business behavior and performance, and produces permanent, positive results in 90 days. *Positive Skills + Positive Behavior = Positive Impact on Business (IOB)*.

## How will this help?

Executive coaching is about changing business behavior and creating a positive impact on Business (IOB). Years of research tell us that coaching can correct weaknesses that hurt a leader's relationships. More often, executive coaching is used to develop rising stars, and to make sure a succession plan works well. You have both situations in your organization. A Certified Sherpa Coach can produce positive, permanent, changes in business behavior in just 90 Days.

## **Content and Delivery:**

Work one-on-one with Lauren Miller, M.Ed, a certified Sherpa executive coach. A 3-month process to enhance business behavior. *Sherpa Coaches* are unique: university-trained in the most detailed process in print, refining their skills through continued education. Through a 12-week experience, an executive contact is in touch with coach and client, monitoring and measuring the fulfillment of clear expectations. The Sherpa process guarantees consistent results in a limited time frame. *Sherpas work in person, the way clients want to work, or use HD video conferencing, the latest wave of coaching.* 

## **Benefits of this Program:**

The Sherpa process is not about the coach, not about personal issues, not about small talk. Established leaders and rising stars can benefit from:

- **Self-Awareness:** optimizing strengths, managing weaknesses in leadership behavior. Harnessing personal motivation into results.
- **Relating and working with others:** Effective Communication and listening. Managing emotions and non-productive behavior.
- **Leadership effectiveness:** Time management and effective decision making. Personal vision and presence as a lead.
- **Mastering expectations:** Setting individuals up for success by communicating clearly. Creating clear buy-in, ownership, follow through and completion.
- Accountability: Defining clear roles and accountability. Empowering individuals to own roles and responsibilities.